

St. Andrew Catholic School LUNCH MENU November 2016

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Wg Spaghetti with Meat, Romaine salad, spinach, WG dinner roll, Peaches slices	2 Turkey Hot Dog, WG HB Bun, Baked beans, Broccoli, Fresh orange slices,	3 WG Nacho chips, chilli beans with meat, Cheddar cheese, Salad blend, Pineapple	4 Cheese pizza Baby carrots, Celery sticks Red grapes
7 Chicken nuggets, Oven baked fries, Coleslaw, spinach, Diced pear	8 Wg Spaghetti with Meat, Romaine salad, spinach, WG dinner roll, Peaches slices	9 Turkey Hot Dog, WG HB Bun, Baked beans, Broccoli, Fresh orange slices,	10 WG Nacho chips, chilli beans with meat, Cheddar cheese, Salad blend, Pineapple	11 Cheese pizza Baby carrots, Celery sticks Red grapes
14 Chicken nuggets, Oven baked fries, Coleslaw, spinach, Diced pear	15 Wg Spaghetti with Meat, Romaine salad, spinach, WG dinner roll, Peaches slices	16 Turkey Hot Dog, WG HB Bun, Baked beans, Broccoli, Fresh orange slices,	17 WG Nacho chips, chilli beans with meat, Cheddar cheese, Salad blend, Pineapple	18 Cheese pizza Baby carrots, Celery sticks Red grapes
21 Chicken nuggets, Oven baked fries, Coleslaw, spinach, Diced pear	22 Wg Spaghetti with Meat, Romaine salad, spinach, WG dinner roll, Peaches slices	23 Turkey Hot Dog, WG HB Bun, Baked beans, Broccoli, Fresh orange slices,	24 WG Nacho chips, chilli beans with meat, Cheddar cheese, Salad blend, Pineapple	25 Cheese pizza Baby carrots, Celery sticks Red grapes
28 Chicken nuggets, Oven baked fries, Coleslaw, spinach, Diced pear	29 Wg Spaghetti with Meat, Romaine salad, spinach, WG dinner roll, Peaches slices	30 Turkey Hot Dog, WG HB Bun, Baked beans, Broccoli, Fresh orange slices,	31 WG Nacho chips, chilli beans with meat, Cheddar cheese, Salad blend, Pineapple	

All lunches are served with white milk, strawberry milk or chocolate milk all fat free. St Andrews Catholic School.